

Panorama RECREATION

SUMMER
2024



REGISTRATION OPENS 6:30AM



General
Programs



Swim
Lessons

CRD

Making a difference...together


Panorama
RECREATION

Live well. Have fun.

 panoramarecreation.ca

 [/panoramarecreation](https://www.facebook.com/panoramarecreation)

 [@Panorama_Rec](https://twitter.com/Panorama_Rec)

 [@panoramarec](https://www.instagram.com/panoramarec)

WELCOME!

Panorama Recreation promotes individual and community wellness by providing recreation opportunities in an effective and efficient manner reflecting the needs of our communities. We believe that everyone should have an opportunity to participate in recreation activities and, with that, are committed to providing a safe, welcoming, positive and inclusive environment where everyone is valued and respected.

**WE ARE
HIRING**
JOIN OUR TEAM



View current opportunities at panoramarecreation.ca

Like free drop-in? Come work with us! We are pleased to offer all staff free access to swimming, skating, weight room and fitness classes*, plus discounted court rentals and program registrations*. * Some restrictions apply.

PROGRAM REGISTRATION DATES

ACTIVITY	REGISTRATION DATE
General Programs	Tuesday, Apr 16 @ 6:30am
Swim Lessons	Tuesday, Jun 18 @ 6:30am (Visible online Tuesday, Jun 11)

For more registration information, see p. 38 & 39.

LET'S CONNECT

- [panoramarecreation](#)
- [Panorama_Rec](#)
- [panoramarec](#)

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CONTACT US

- info@panoramarec.bc.ca
- panoramarecreation.ca
- 250 656 7271 / 250 656 7055

FACILITIES

Located on the beautiful Saanich Peninsula, Panorama Recreation offers innovative facilities and quality programs and services to accommodate our growing community. Panorama Recreation operates Panorama Recreation Centre and Greenglade Community Centre, and provides programs and services in additional facilities such as the Central Saanich Cultural Centre and North Saanich Middle School.

Visit us online at panoramarecreation.ca for current facility hours.



Panorama Recreation is a space where the LGBTQI+ community can freely express themselves without fear. It is a space that does not tolerate violence, bullying, or hate speech towards the LGBTQI+

PANORAMA RECREATION CENTRE

1885 Forest Park Drive, North Saanich, BC, V8L 4A3



- Two arenas
- An indoor swimming pool and indoor leisure pool with the tallest wheelchair-accessible waterslide in the region
- Indoor tennis courts, two outdoor tennis courts, squash, and racquetball courts
- Weight room and fitness studio
- Three small multi-purpose rooms
- Accessible playground
- Outdoor Jumpstart Multi Sport Court

GREENGLADE COMMUNITY CENTRE

2151 Lannon Way, Sidney, BC, V8L 3Z1



- Gymnasium
- Activity rooms for program use
- Pottery studio
- Weight and fitness room, mind and body studio, and dance studio
- Lounge and sports fields
- Licensed childcare
- Community Garden
- Accessible playground

TERRITORIAL ACKNOWLEDGMENT

The CRD conducts its business within the traditional territories of many First Nations, including but not limited to BOKÉCEN (Pauquachin), MÁLEXEL (Malahat), P'a:chi:da?ah (Pacheedaht), Pune'laxutth' (Penelekut), Sc'ianew (Beecher Bay), Songhees, STÁUTW (Tsawout), T'Sou-ke, WJOLEP (Tsartlip), WSIKEM (Tseycum), and x^wsepsəm (Esquimalt), all of whom have a long-standing relationship with the land and waters from time immemorial that continues to this day.

ADMISSION FEES

SINGLE ADMISSION FEES

Rates in effect September 1, 2023

Under 6 Years	FREE
6 - 18 Years	\$3.75
19 - 59 Years	\$7.00
60 Years+	\$5.75
Family (2 adults & up to 3 youth (max 18 years) or 1 adult & up to 4 youth (max 18 years))	\$14.00

ACTIVE PASSES

Pick up an Active Pass and get access to swim, skate, fitness, weight room and sport drop-ins.

Some restrictions apply. All rates include GST.

For all pass details, visit panoramarecreation.ca

PER-VISIT PASSES	6 - 18 Years	19 - 59 Years	60 Years+
10 Visits	\$33.75	\$63.00	\$51.75
25 Visits	\$79.75	\$148.75	\$122.25
50 Visits	\$150.00	\$280.00	\$230.00

Active Passes
can be purchased
& renewed online at
[panorama
recreation.ca](http://panorama
recreation.ca)

MONTHLY PASSES	ONE MONTH PASS	CONTINUOUS PASS 1st month	CONTINUOUS PASS (Subsequent months)	ANNUAL PASS (Paid in full)
Adult (19 yrs+)	\$60	\$60	\$32.50	\$390.50
Family - One Adult*	n/a	\$70	\$39.65	\$475.50
Family - Two Adults**	\$120	\$120	\$65	\$781
Youth (18 years & Under)	n/a	n/a	n/a	\$85

*Family - 1 adult and up to 4 youth (max 18 yrs) living in the same household.

**Family - 2 adult and up to 3 youth (max 18 yrs) living in the same household.

Regional Annual Pass	PER-MONTH COST \$46	PAID IN FULL \$552
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Annual regional passes are not eligible for cancellation or extensions. A \$25 administration fee is applied at time of purchase if using monthly payment plan to purchase the annual regional pass.

What is the **NEW** Continuous Pass?



Much like the 12- or 6-month Active Pass with scheduled payments, but without the renewal process. Your pass will be valid continuously until you request to cancel it. Prefer to pay in full? No problem! Purchase a One Month or Annual Pass.

Changed your mind?

Cancel your Continuous Pass any time before your next scheduled payment. You will continue to have access until the end of your current paid month.

Convert your existing pass to a Continuous Pass!

Any current Active Pass may be converted to a Continuous Pass up to seven days after expiry.

Fee Increases

All passes including the Continuous Pass are subject to fee increase per the Fees & Charges Bylaw.

Failed Payments

After 3 failed attempts to obtain payment, your Continuous Pass will be cancelled and must be re-purchased as a new pass.

More Information

- Active Passes are valid at Panorama Recreation Centre & Greenglade Community Centre.
- In accordance with our Terms & Conditions no refunds or cancellations are offered on Per Visit or Paid in Full Active Passes unless for compassionate or medical reasons. The Continuous Active Pass can be cancelled at any time.
- Replacement fee for lost or stolen cards is \$10.50.
- Visit us online for a complete list of our Active Pass policies.

FINANCIAL ASSISTANCE

A regional initiative supported by the Greater Victoria Active Communities committee, the LIFE Program is intended to reduce financial barriers to recreation. For more information visit us online at panoramarecreation.ca



COURT BOOKINGS



TENNIS, SQUASH, RACQUETBALL, WALLYBALL AND PING PONG

@ PANORAMA RECREATION CENTRE

SINGLE SESSIONS - Book a single session online or via Reception up to 7 days in advance.

RECURRING BOOKINGS - Request a weekly timeslot for the season or a portion (min. 4 sessions). To submit a request, please complete the fillable "Recurring Court Booking Request Form" on the Book a Court section of our website at panoramarecreation.ca

- Requests must be submitted at least 3 weeks prior to the desired first session.
- Currently accepting requests for May-August. We will begin accepting requests for September-December in July. Please visit the Book a Court section of our website for details.
- Renters must sign a Facility Rental Agreement. Some bookings may be eligible for a payment plan. Preview the Facility Rental Conditions of Use and responses to other FAQs on the Book a Court section of our website.

TENNIS	Indoor	Outdoor
Prime Mon - Fri, 9 AM - 1 PM & 6 - 9 PM	\$28.75/hr*	\$6.25/hr
Economy Mon - Fri, 1 - 6 PM & Weekends, All Day	\$26.75/hr*	
Non-Prime All days before 9 AM	\$16.50/hr*	

SQUASH, RACQUETBALL, WALLYBALL AND PINGPONG	Indoor
Prime Mon - Fri, 5:15 - 9 PM	\$16/45 mins*
Non-Prime Mon - Fri Before 5:15 PM & Weekends, All Day	\$12.75/45 mins*

*Off-season rates in effect all summer long! Indoor court fees are half-price during this time.



PLAY IN THE PARK

UNPLUG, UNWIND
& COME PLAY!

Every Tuesday, Wednesday and Thursday evenings through July & August, join Panorama staff from 5:30-8pm for some **FREE** summer fun for the whole family that includes interactive play, group games, and of course, inflatable fun on our giant 50' obstacle course! Min 36" height requirement to use the obstacle course.



	JULY 2-31	AUGUST 1-29
Tuesday	KELSET Elementary 1800 Forest Park Drive	
Wednesday	Tulista Park 9565 Fifth Street	
Thursday	Centennial Park 7500 Block of Wallace Drive	HEL,HILEÇ Park 7130 West Saanich Road

Play in the Park requires guardian supervision

PLAY IN THE PARK LAUNCH PARTY!

Join us Thursday, July 4th at Centennial Park from 5:30-8pm as we kick off the Play in the Park program for this summer!

Have dinner at the park. Kiwanis Club of Sidney and Saanich Peninsula are providing BBQ hot dogs by donation.

FREE! YOGA IN THE PARK

Wednesdays, 6-7pm

July 3 - August 28

Tulista Park

Children under 12 years require guardian supervision. Weather dependent.



SPECIAL EVENTS



JULY



Saturday, 11:30am - 4pm
SIDNEY DAYS:
CANADA DAY CELEBRATION
Iroquois Park

Join us and Slider for a Canada Day Celebration in Sidney with some glitter tattoos, fun activities and games! Visit peninsulacelebrations.org for more details.



**Tuesdays, Wednesdays
& Thursdays**
5:30-8pm
PLAY IN THE PARK
Saanich Peninsula Locations

Every Tuesday, Wednesday and Thursday evening through July & August, join Panorama staff from 5:30-8pm for some FREE summer fun for the whole family that includes interactive play, group games, and of course, inflatable fun on our giant 50' obstacle course! See p. 5 for more details.



Wednesdays, 6-7pm
YOGA IN THE PARK
Tulista Park

Join us for FREE Yoga in the Park. This outside Hatha Yoga class will bring awareness of breath in combination with traditional yoga poses. All levels welcome. Children under 12 years require guardian supervision. Weather dependant. Please bring your own mat.



Thursday, 5:30 - 8pm
PLAY IN THE PARK
LAUNCH PARTY
Centennial Park

Join us at Centennial Park from 5:30-8pm as we kick off the Play in the Park program for this summer! Have dinner at the park! Sidney and Peninsula Kiwanis club are providing a BBQ by donation.



Saturday, 7pm
FAMILY MOVIE NIGHT
Panorama Recreation Centre
Arena B

Join us and watch Paddington 2 movie on our giant screen! We will transform our (dry) arena into the perfect place to kick back, munch some popcorn, and enjoy a film together! Feel free to come in your PJs! Don't forget to bring your lawn chair. Variety of refreshments available for purchase.

SPECIAL EVENTS

AUGUST



**Tuesdays, Wednesdays
& Thursdays**
5:30-8pm
PLAY IN THE PARK
Saanich Peninsula Locations

Every Tuesday, Wednesday and Thursday evening through July & August, join Panorama staff from 5:30-8pm for some FREE summer fun for the whole family that includes interactive play, group games, and of course, inflatable fun on our giant 50' obstacle course! See p. 5 for more details.



Wednesdays, 6-7
YOGA IN THE PARK
Tulista Park

Join us for FREE Yoga in the Park. This outside Hatha Yoga class will bring awareness of breath in combination with traditional yoga poses. All levels welcome. Children under 12 years require guardian supervision. Weather dependant. Please bring your own mat.



Saturday, 2 - 4pm
COMMUNITY WATER BATTLE
Panorama Recreation Centre

Grab your super soakers and beat the heat! Join us for an afternoon of water battle and games for all ages! Take a turn on the slip and slide provided by the North Saanich Fire Department, and cool down with some cold treats. Bring your buckets, water soaker, neighbors and friends! Event subject to water restrictions.

Sponsored by **SEASIDE**
MAGAZINE YOUR SAANICH PENINSULA VOICE



PARTIES



IT'S A PARTY!



AQUATIC PARTIES

All ages

Do it yourself party

\$139

Hosted party*

\$174

Make a splash for your next birthday bash! These three hour parties are for 15 children and 5 adults.

SATURDAYS & SUNDAYS 12-3pm

NOTES:

- Participants under 7 yrs must be within arms reach of an adult 16 yrs+. 1:3 ratio adults to children.
- Must be at least 42 inches tall to use the waterslide.
- 1.5 hours of pool time followed by 1.5 hours in the poolside room.
- Poolside room seats up to 15 comfortably, 20 person maximum.
- Please bring your own decorations or activities for the poolside room. Fridge/freezer available.
- ***Saturday hosted parties:** A party host will set up and play games, run age-appropriate activities, bring out pool equipment and lead an extra fun pool party! Party host will be in the water 12-1pm.
- Adult supervision required while participants are in the water.
- In the event a party host is not available host fees will be refunded and the party converted to a DIY pool party. Hosted parties booked within 7 days of party date require staff approval.

PARTY CANCELLATION POLICIES

Parties canceled 14 days in advance will receive a full refund.

SWIM LESSONS

PROGRAM OVERVIEW

Swim for Life! Never too young to learn, never too old to start!

The Lifesaving Society Swim for Life® program is a comprehensive swim program that focuses on the development of fundamental swim strokes and skills for learners of all ages and abilities. Learning Swim to Survive® skills are key foundations of the Swim for Life® program. Instructors ensure swimmers get lots of in-water practice in every lesson. Swim for Life® includes fun, hands-on activities that focus on teaching Water Smart® education for the whole family. Lessons that will last a lifetime!

LESSON FORMATS

Private Swim Lessons

Our private swim lessons can accommodate up to 3 participants of similar ability (within a 3-level range), making it an excellent option for small groups looking to learn and improve their swimming abilities together. The primary booker is responsible for coordinating participants and paying in full upon registration. Our experienced instructors provide personalized attention tailored to each individual's needs and swimming goals in a safe and supportive environment.

Public Swim Lessons

Our weekly public swim lessons are organized by age and swimming ability as per the Lifesaving Society's "Swim for Life" program. Participants learn in a group setting and are given the opportunity to improve their skills and abilities while making new friends! Individual feedback provided. Class sizes vary between 5-10 participants depending on level.

Creative Craft'n Splash

Drop off your child for a morning of fun! Activities include play time outside, snack, story time, a creative craft and then a half-hour Swim lesson! Swimming ability is not required. Children should be dropped off wearing a dry bathing suit and old play clothes. Please dress for weather (rain or shine).

PARENT AND TOT (LEVELS 1-3)

4 - 36 mos

The Parent & Tot Program structures in-water interaction between parent and child to stress the importance of play in developing water-positive attitudes and skills. Activities and progressions are based on child development, so register in the level appropriate for the child's age: 4-12 months, 12-24 months, or 24-36 months.

PRESCHOOL (LEVELS 1-5)

3 - 5 yrs

The Preschool program develops an appreciation and healthy respect for the water before these kids get in too deep. With our progression-based approach, we work to ensure 3-5 year olds become comfortable in the water and have fun while developing a foundation of water skills. Water Smart® education is in all Preschool levels.

SWIMMER (LEVELS 1-6)

5 - 12 yrs

The Swimmer program makes sure your children learn how to swim before they get in too deep. Each level challenges children to develop safe entries, deep water support, underwater skills, and swimming strokes. Learn healthy habits by getting and staying fit in the water. Swimmer levels include fun, hands-on teaching activities that focus on teaching water safety – lessons that will last a lifetime!

CANADIAN SWIM PATROL

(ROOKIE, RANGER, STAR)

8 - 12 yrs

Prerequisite: Must complete Swimmer 6 or swim at equivalent ability

Canadian Swim Patrol is a 3-level award program is designed to take swimmers beyond the learn-to-swim program and provide them with basic lifesaving skills. Canadian Swim Patrol is recommended as a useful onramp to Bronze Medallion and Cross.



**Swim Lesson
registration begins
Tues, Jun 18 @ 6:30am**

Online viewing Tues, Jun 11.

For lesson descriptions, dates
and times, visit us online @
panoramarecreation.ca

YOUTH /TEEN SWIMMER (1-3)

13 - 16 yrs

Whether you're just starting out or just want help with your strokes, our program is for you! Work with certified instructors to learn to swim or improve your current swimming ability and fitness. You'll develop confidence in the water and smooth, recognizable strokes. You'll be able to set your own goals in consultation with your instructor. Water Smart® education is in all Youth/Teen levels.

ADULT SWIMMER (1-3)

16 yrs+

Whether you're just starting out or just want help with your strokes, our Adult swim program is for you! Work with certified instructors to learn to swim or improve your current swimming ability and fitness. You'll develop confidence in the water and smooth, recognizable strokes. You'll be able to set your own goals in consultation with your instructor. Water Smart® education is in all Adult levels.



SUMMER CAMPS AT A GLANCE



Jul 2-5	AGE	TIME	LOCATION	P#
Tiny Timbers	3-6	9am-12pm	CP	15
Allegro Junior Dance	4-6	9am-12pm	Allegro	18
Sunseekers	6-7	8:30am-4:30pm	GG	16
Soccertron	6-10/8-12	9am-12pm/9am-4pm	KELSET	24
Adventure Seekers	6-10	8:30am-4pm	CP	16
Allegro Dance, Craft & Adventure	6-10	9am-4pm	Allegro	18
Island Rhythmic Gymnastics	6-12	9am-12pm	GG	24
H2O Adventure	7-10	8:30am-4:30pm	PRC	17
Multi Sport	7-12	9am-4pm	JSMSC	24
Outdoor Pursuits	8-12	8:30am-4:30pm	GG	16
Archery	9-14	9-11:30am/12-2:30pm	NSMS	25

Jul 8-12	AGE	TIME	LOCATION	P#
Tiny Timbers	3-6	9am-12pm	CP	15
Allegro Junior Dance	4-6	9am-12pm	Allegro	18
Sunseekers	6-7	8:30am-4:30pm	GG	16
Adventure Seekers	6-10	8:30am-4pm	CP	16
Allegro Dance, Craft & Adventure	6-10	9am-4pm	Allegro	18
Island Rhythmic Gymnastics	6-12	9am-12pm	GG	24
Pasquale Basketball	6-10/8-12	9am-12pm/9am-4pm	KELSET	24
Junior Coding - Code Breaker	7-9	9am-4pm	MAOA	19
H2O Adventure	7-10	8:30am-4:30pm	PRC	17
Multi Sport	7-12	9am-4pm	JSMSC	24
Kids in Kitchen - Cookie Craze	8-11	9am-12pm	NSMS	26
Outdoor Pursuits	8-12	8:30am-4:30pm	GG	16
Tennis	8-12	8:30am-12pm	PRC	25
Engineering for Kids - Minecraft	8-12	9am-4pm	GG	21
Archery	9-14	9am-4pm	NSMS	25
VR Hatch & Coding	10-12	9am-4pm	MAOA	24
Teens in Kitchen - Pastries & Pies	12-16	1-4pm	NSMS	27

Jul 15-19	AGE	TIME	LOCATION	P#
Tiny Timbers	3-6	9am-12pm	CP	15
Allegro Junior Dance	4-6	9am-12pm	Allegro	18
Sunseekers	6-7	8:30am-4:30pm	GG	16
Tiny Creators	6-7	9am-12pm/12:30-3:30pm	MAOA	19
Kids in the Kitchen - Fantastic Fun	6-7	9am-12pm	NSMS	26
Adventure-Seekers	6-10	8:30am-4pm	CP	16
Allegro Dance, Craft & Adventure	6-10	9am-4pm	Allegro	18
Mini Clay	6-12	9am-12pm	GG	17
Junior Coding - Code Breaker	7-9	9am-4pm	MAOA	19
H2O Adventure	7-10	8:30am-4:30pm	PRC	17
Multi Sport	7-12	9am-4pm	JSMSC	24
Kids in the Kitchen - Grains	8-11	1-4pm	NSMS	27
Outdoor Pursuits	8-12	8:30am-4:30pm	GG	16
Tennis	8-12	8:30am-12pm	PRC	25
Engineering for Kids - Minecraft	8-12	9am-4m	GG	21
Helix Ultimate	9-13	9am-12pm/9am-4pm	NSMS	25
Dungeons, Dragons - Black Magic	12-16	9am-4pm	GG	27

LOCATION

Allegro	Allegro Performing Arts Centre
Bayside	Bayside Middle School
CSCC	Central Saanich Cultural Centre
CP	Centennial Park
GG	Greenglade Community Centre
JSMSC	Jumpstart Multi Sport Court @ Panorama Recreation Centre
KELSET	Kelset Elementary School
MAOA	McTavish Academy of Arts
NSMS	North Saanich Middle School
PRC	Panorama Recreation Centre

CANCELLATIONS

7 days notice is required to cancel a registration in one of our camps. Fees will not be reimbursed for absences, including those due to seasonal illness or inclement weather, providing the facility and service remains available to the public. See p, 39 for details.

SUMMER CAMPS AT A GLANCE

Jul 22-26	AGE	TIME	LOCATION	P#
Tiny Timbers	3-6	9am-12pm	CP	15
Sunseekers	6-7	8:30am-4:30pm	GG	16
Engineering for Kids - Jr. Minecraft	6-8	9am-4pm	GG	21
Lego Robotics & Science - Battlebots	6-9	9am-4pm	NSMS	20
Adventure Seekers	6-10	8:30am-4pm	CP	16
Island Rhythmic Gymnastics	6-12	9am-12pm	GG	24
H2O Adventure	7-10	8:30am-4:30pm	PRC	17
Multi Sport	7-12	9am-4pm	JSMSC	24
Outdoor Pursuits	8-12	8:30am-4:30pm	GG	16
Tennis	8-12	8:30am-12pm	CP	25
Lego Animation	9-14	9am-4pm	NSMS	23
Archery	9-14	9am-11:30am / 12pm-2:30pm	Bayside	25
SPABA Basketball Skills Camp	10-13	9am-12pm	NSMS	26
Byte Camp - 3D Animation	11-14	9am-4pm	CSCC	22
Jul 29-Aug 2	AGE	TIME	LOCATION	P#
Tiny Timbers	3-6	9am-12pm	CP	15
Allegro Junior Dance	4-6	9am-12pm	Allegro	18
Sunseekers	6-7	8:30am-4:30pm	GG	16
Lego Robotics & Science - Beyblade	6-9	9am-4pm	NSMS	20
Adventure Seekers	6-10	8:30am-4pm	CP	16
Allegro Dance, Craft & Adventure	6-10	9am-4pm	Allegro	18
Soccertron	6-10/8-12	9am-12pm/9am-4pm	KELSET	24
H2O Adventure	7-10	8:30am-4:30pm	PRC	17
Multi Sport	7-12	9am-4pm	JSMSC	24
Kids in the Kitchen - Just Desserts	8-11	9am-12pm	NSMS	27
Outdoor Pursuits	8-12	8:30am-4:30pm	GG	16
Tennis	8-12	8:30am-12pm	CP	25
Byte Camp - 2D Video Game Design	11-14	9am-4pm	CSCC	22
Teens in Kitchen - Is it Cake? Yes	12-16	1-4pm	NSMS	27

ONE-ON-ONE SUPPORT

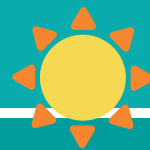
Panorama Recreation has a limited ability to provide one-on-one support for children who need assistance to participate in one of our programs. Support provided is based on the volume of requests and staff availability. If your child has support requirements, please register for programs as usual then contact Jason Gray to confirm arrangement: jgray@panoramarec.bc.ca

Families with Private Support Workers

If you are interested in providing your own support worker for your child, please contact us in advance of registration.



SUMMER CAMPS AT A GLANCE



Aug 6-9	AGE	TIME	LOCATION	P#
Tiny Timbers	3-6	9am-12pm	CP	15
Sunseekers	6-7	8:30am-4:30pm	GG	16
Kids in the Kitchen - Breakfast	6-7/8-11	9am-12pm/1-4pm	NSMS	26
Engineering for Kids - Travel	6-8	9am-4pm	GG	21
Adventure Seekers	6-10	8:30am-4pm	CP	16
H2O Adventure	7-10	8:30am-4:30pm	PRC	17
Multi Sport	7-12	9am-4pm	JSMSC	24
Outdoor Pursuits	8-12	8:30am-4:30pm	GG	16
Lego Robotics & Science - Battlebots	9-14	9am-4pm	NSMS	20
Power Unlimited Rep Prep Camp**	12-14	1-4pm	PRC	26

Aug 12-16	AGE	TIME	LOCATION	P#
Tiny Timbers	3-6	9am-12pm	CP	15
Sunseekers	6-7	8:30am-4:30pm	GG	16
Engineering for Kids - Jr. Pirate	6-8	9am-4pm	GG	21
Lego Robotics Science - Theme Park	6-9	9am-4pm	NSMS	20
Adventure Seekers	6-10	8:30am-4pm	CP	16
H2O Adventure	7-10	8:30am-4:30pm	PRC	17
Multi Sport	7-12	9am-4pm	JSMSC	24
Tennis	8-12	8:30am-12pm	PRC/CP	25
Outdoor Pursuits	8-12	8:30am-4:30pm	GG	16
Archery	9-14	9am-4pm	Bayside	25
Power Unlimited Rep Prep Camp	10-12	2:30-5:30pm	PRC	26
Teen Clay	10-15	9am-12pm	GG	17
Byte Camp - Build an App	11-14	9am-4pm	CSCC	22

Aug 19-23	AGE	TIME	LOCATION	P#
Tiny Timbers	3-6	9am-12pm	CP	15
Sunseekers	6-7	8:30am-4:30pm	GG	16
Tiny Ecologists	6-7	9am-12pm/12:30-3:30pm	MAOA	19
Adventure Seekers	6-10	8:30am-4pm	CP	16
Pasquale Basketball	6-10/8-12	9am-12pm/9am-4pm	KELSET	24
Power Unlimited Camp	7-8/8-10	8:30-10am/1:15-4:15pm	PRC	26
H2O Adventures	7-10	8:30am-4:30pm	PRC	17
Outdoor Pursuits	8-12	8:30am-4:30pm	GG	16
Tennis	8-12	8:30am-12pm	PRC	25
Engineering for Kids - Art of Eng	8-12	9am-4pm	GG	21
Engineering an Eco City	9-10	9am-4pm	MAOA	23
Byte Camp - Intro to Code	9-12	9am-4pm	CSCC	22
Archery	9-14	9-11:30am/12-2:30pm	NSMS	25
Hollywood Movie Making	9-14	9am-4pm	NSMS	23
Dungeons, Dragons - Black Magic	12-16	9am-4pm	GG	27

Aug 26-30	AGE	TIME	LOCATION	P#
Tiny Timbers*	3-6	9am-12pm	CP	15
Sunseekers*	6-7	8:30am-4:30pm	GG	16
Adventure Seekers*	6-10	8:30am-4pm	CP	16
Creative Makers & Illustrations	7-9	9am-4pm	MAOA	19
H2O Adventures	7-10	8:30am-4:30pm	PRC	17
Outdoor Pursuits	8-12	8:30am-4:30pm	GG	16
Environmental Film Maker	9-10	9am-4pm	MAOA	23

*Aug 26-29 **Aug 5-9

CAMP INFO

Thank you for registering your children in one of our camp programs! Please take a moment to read through our Welcome to Camp FAQs & camp activity schedules online. Activity schedules will be posted by June 15.

Medical & Emergency Contact Information

Upon registration, please ensure your child's medical and emergency contact information is up to date.

Inform camp leaders if your child requires medication while in our care. Staff may assist in reminding children when to take medication but children should be self-sufficient in administering it.

THINGS TO BRING TO CAMP

- Weather appropriate clothing
- Healthy snacks and lunch
- Water bottle
- Sunscreen
- Hat
- Bathing suit & towel (or change of clothes)

THINGS TO LEAVE HOME

- Toys from home
- Electronics
- Phones (unless necessary)

CAMPS

TINY TIMBERS

3 - 6 yrs (4 yrs by the end of 2024)

Come along for a fun forest-based camp. Together we will explore Centennial Park with exciting new adventures planned each day. Every week will include activities, crafts, songs, and stories that incorporate the theme of the week. A great introduction to day camps and making friends.

Centennial Park - Shelter

Jurassic Jamboree

Tu-F 9am-12pm Jul 2-Jul 5 \$100/4 134451

Superhero Safari

Tu-F 9am-12pm Aug 6-Aug 9 \$100/4 134456

Astronaut Adventures

M-F 9am-12pm Jul 8-Jul 12 \$125/5 134452

Flying Friends

M-F 9am-12pm Aug 12-Aug 16 \$125/5 134457

Mystical Creatures

M-F 9am-12pm Jul 15-Jul 19 \$125/5 134453

Enchanted Forest

M-F 9am-12pm Aug 19-Aug 23 \$125/5 134458

Creepy Crawlers

M-F 9am-12pm Jul 22-Jul 26 \$125/5 134454

Gardens Galore

M-Th 9am-12pm Aug 26-Aug 29 \$100/4 134459

Animal Antics

M-F 9am-12pm Jul 29-Aug 2 \$125/5 134455



SUNSEEKERS

6 - 7 yrs

Join us for a fantastic summer of fun in the sun with Sunseekers! Each week of this dynamic camp includes themed activities, colourful crafts and outrageous games. Have a blast and make some new friends while diving into adventures that go beyond the imagination.

NOTE: Participants must have completed kindergarten to register for this program.

Greenglade Community Centre Room 7

Tu-F	8:30am-4:30pm	Jul 2-Jul 5	\$184/4	134202
M-F	8:30am-4:30pm	Jul 8-Jul 12	\$230/5	134349
M-F	8:30am-4:30pm	Jul 15-Jul 19	\$230/5	134350
M-F	8:30am-4:30pm	Jul 22-Jul 26	\$230/5	134351
M-F	8:30am-4:30pm	Jul 29-Aug 2	\$230/5	134352

Tu-F	8:30am-4:30pm	Aug 6-Aug 9	\$184/4	134353
M-F	8:30am-4:30pm	Aug 12-Aug 16	\$230/5	134354
M-F	8:30am-4:30pm	Aug 19-Aug 23	\$230/5	134355
M-Th	8:30am-4:30pm	Aug 26-Aug 29	\$184/4	134356

ADVENTURE SEEKERS

6 - 10 yrs

Join us at our Centennial park location for a camp experience designed to get the most out of nature. Imagination, creativity and a sense of adventure are a must for weeks filled with themed activities, arts and crafts, forest exploration, and plenty of outrageous group games!

NOTE: Participants must have completed kindergarten to register for this program.

Centennial Park - Fieldhouse

Tu-F	8:30am-4pm	Jul 2-Jul 5	\$176/4	134204
M-F	8:30am-4pm	Jul 8-Jul 12	\$220/5	134339
M-F	8:30am-4pm	Jul 15-Jul 19	\$220/5	134340
M-F	8:30am-4pm	Jul 22-Jul 26	\$220/5	134341
M-F	8:30am-4pm	Jul 29-Aug 2	\$220/5	134342

Tu-F	8:30am-4pm	Aug 6-Aug 9	\$176/4	134343
M-F	8:30am-4pm	Aug 12-Aug 16	\$220/5	134344
M-F	8:30am-4pm	Aug 19-Aug 23	\$220/5	134345
M-Th	8:30am-4pm	Aug 26-Aug 29	\$176/4	134346

CAMP THEMES

Check out the weekly themes for Sunseekers, Adventure Seekers, and Outdoor Pursuits

July 2-5	Superhero
July 8-12	Under the Sea
July 15-19	Dinosaurs
July 22-26	Harry Potter
July 29-August 2	Olympics
August 6-9	Space
August 12-16	Environmental
August 19-23	Hollywood
August 26-29	Carnival



OUTDOOR PURSUITS

8 - 12 yrs

Get active & adventurous this summer with Outdoor Pursuits! Each week will include interactive games, themed activities & exciting out-trips throughout the week. We'll be sure to make the most out of your summer as we explore and adventure!

Greenglade Community Centre Room 9

Tu-F	8:30am-4:30pm	Jul 2-Jul 5	\$184/4	134203
M-F	8:30am-4:30pm	Jul 8-Jul 12	\$230/5	134357
M-F	8:30am-4:30pm	Jul 15-Jul 19	\$230/5	134358
M-F	8:30am-4:30pm	Jul 22-Jul 26	\$230/5	134359
M-F	8:30am-4:30pm	Jul 29-Aug 2	\$230/5	134360

Tu-F	8:30am-4:30pm	Aug 6-Aug 9	\$184/4	134361
M-F	8:30am-4:30pm	Aug 12-Aug 16	\$230/5	134362
M-F	8:30am-4:30pm	Aug 19-Aug 23	\$230/5	134363
M-Th	8:30am-4:30pm	Aug 26-Aug 29	\$184/4	134364

H2O ADVENTURE CAMP

7 - 10 yrs

This full-day camp is packed with adventure, outdoor games and swimming daily! We out trip on Wednesdays and end of the week off with crafts on Fridays. Join us for an action packed week in the pool and fun in the sun!

Panorama Recreation Centre Playground

Tu-F	8:30am-4:30pm	Jul 2-Jul 5	\$192/4	134060
M-F	8:30am-4:30pm	Jul 8-Jul 12	\$240/5	134062
M-F	8:30am-4:30pm	Jul 15-Jul 19	\$240/5	135529
M-F	8:30am-4:30pm	Jul 22-Jul 26	\$240/5	135530
M-F	8:30am-4:30pm	Jul 29-Aug 2	\$240/5	135531

Tu-F	8:30am-4:30pm	Aug 6-Aug 9	\$192/4	135532
M-F	8:30am-4:30pm	Aug 12-Aug 16	\$240/5	135533
M-F	8:30am-4:30pm	Aug 19-Aug 23	\$240/5	135534
M-F	8:30am-4:30pm	Aug 26-Aug 30	\$240/5	135535

FINANCIAL ASSISTANCE

A regional initiative supported by the Greater Victoria Active Communities committee, the LIFE Program is intended to reduce financial barriers to recreation. For more information visit us online at panoramarecreation.ca



ARTS & CULTURE

MINI CLAY CAMP

6 - 12 yrs

Come and have fun exploring the tactile qualities of clay! We will explore the properties of clay by working with coils, slabs and pinch pot methods to create our art works. Wear clothes you can get muddy and bring a nut-free snack each day. Half way through the class we will head outside for a snack and some games. On Thursday while pieces are in the kiln we will explore other forms of clay and visual art. Final pieces will be ready for pick up 2 weeks post course.

Greenglade Community Centre Pottery Studio

M-F	9am-12pm	Jul 15-Jul 19	\$175/5	134108
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TEEN CLAY CAMP

10 - 15 yrs

Participants in this class will throw on the potter's wheel as well as make hand built projects such as sculpture and functional pottery. On Thursday while our pieces are in the kiln we will explore other forms of clay and visual art. The final day is our decorating and glazing day of the pieces we created during the previous classes. Come and have some muddy fun and prepare to create projects from your imagination. All supplies included.

Greenglade Community Centre Pottery Studio

M-F	9am-12pm	Aug 12-Aug 16	\$175/5	134109
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MUSIC, DANCE & THEATRE

ALLEGRO JUNIOR DANCE CAMP

4 - 6 yrs

Come join us for some dancing, creative crafting, and even a story during snack time! Your child will be dancing to some really fun tunes, working on neat crafts and is sure to make new friends this week. Come join the party! This camp is great for all levels of young dancers.

Allegro Performing Arts Centre

Tu-F	9am-12pm	Jul 2-Jul 5	\$140/4	134683
M-F	9am-12pm	Jul 8-Jul 12	\$175/5	134685
M-F	9am-12pm	Jul 15-Jul 19	\$175/5	136096
M-F	9am-12pm	Jul 29-Aug 2	\$175/5	134688

ALLEGRO DANCE, CRAFT AND ADVENTURE CAMP

6 - 10 yrs

This camp is designed to give a taste of any different dance styles in a fun and encouraging atmosphere! We will also do some crafts, play games and go for a walk and explore some of our nearby parks, play some games and have some outdoor fun each afternoon! Great for beginners who want to try out some dance classes, as well as dancers with some experience who are just looking for some Summer Fun!

Allegro Performing Arts Centre

Tu-F	9am-4pm	Jul 2-Jul 5	\$240/4	134680
M-F	9am-4pm	Jul 8-Jul 12	\$300/5	134684
M-F	9am-4pm	Jul 15-Jul 19	\$300/5	136097
M-F	9am-4pm	Jul 29-Aug 2	\$300/5	134687



SCIENCE, TECHNOLOGY & NATURE

TINY CREATORS

6 - 7 yrs

Kids love secret codes and puzzles, and we'll explore all sorts of codes and mysteries that existed before computer programming like morse, nautical flags, trail markers, baseball signals, code wheels, treasure maps, and more. Using creative storytelling, each week our robots will learn how to crack another mysterious code or puzzle while we learn how to program the robots.

NOTE: Participants must have completed kindergarten to register for this program.

McTavish Academy of Art - Art Studio

M-F	9am-12pm	Jul 15-Jul 19	\$250/5	134322
M-F	12:30pm-3:30pm	Jul 15-Jul 19	\$250/5	134324

TINY ECOLOGISTS

6 - 7 yrs

Discover the fundamentals of what it means to become an ecologist! In this camp, the focus is to promote a strong level of engagement, creativity, and curiosity in eco-science among early learners. Activities include exploring outdoor gardening activities for kids, how to plant a tree, making a nature journal, exploring bee baths, investigating worms, learning about growing sunflowers, and making their fairy garden! These hands on makes and projects promote creativity and learning, but also coordination and 'school skills' that kids need to thrive in the classroom. No previous experience is necessary.

NOTE: Participants must have completed kindergarten to register for this program.

McTavish Academy of Art - Art Studio

M-F	9am-12pm	Aug 19-Aug 23	\$250/5	134330
M-F	12:30pm-3:30pm	Aug 19-Aug 23	\$250/5	134331

JUNIOR CODING - MISSION CODE BREAKER

7 - 9 yrs

Kids love secret codes and puzzles, and we'll explore all sorts of codes and mysteries that existed before computer programming like morse, nautical flags, trail markers, baseball signals, code wheels, treasure maps, and more. Using creative storytelling, each week our robots will learn how to crack another mysterious code or puzzle while we learn how to program the robots.

McTavish Academy of Art - Art Studio

M-F	9am-4pm	Jul 8-Jul 12	\$495/5	134317
M-F	9am-4pm	Jul 15-Jul 19	\$495/5	134319

NEW

CREATIVE MAKERS AND ILLUSTRATION

7 - 9 yrs

If your child loves drawing and making cartoons this animation camp is for you! During the week your child will learn animation skills for making their own films. Students will bring their sketchbook to life through animation while learning about designing and animating 3D characters. Explore different cultural graphic art styles from countries around the world such as Japanese anime character design. In addition, they will design their own storyboards and fabricate miniature characters. By the end of this camp, your child will have the chance to showcase what they have learnt and produced throughout the week by screening their stop-motion animation films! No previous experience necessary.

McTavish Academy of Art - Art Studio

Instructor: Mctavish Academy Of Art

M-F	9am-4pm	Aug 26-Aug 30	\$495/5	134333
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LEGO ROBOTICS & SCIENCE

North Saanich Middle School Multipurpose Room

Instructor: *Littluniverse*

Battlebots Edition!

6 - 14 yrs

Let's get ready to rumble!!!! Come and join our LITTLUNIVERSE for an exciting week of LEGO, programming and science! With a teammate, dive into the world of engineering using LEGO Education's Wedo 2.0 or Mindstorms EV3 Sets and Software! Learn the basics of coding and at the end of the week teams will build Battlebots for a fun tournament! Everyday campers will take home at least one of their science experiments! There will be a variety of fun indoor and outdoor activities! We will have game consoles, air hockey, foosball, arts and crafts, board games, and MORE! Participants will get their own LITTLUNIVERSE camp t-shirt!

6 - 9 yrs

M-F 9am-4pm Jul 22-Jul 26 \$390/5 134543

9 - 14 yrs

Tu-F 9am-4pm Aug 6-Aug 9 \$405/4 134552

Beyblade Edition!

6 - 9 yrs

3,2,1, GO! Come and join our LITTLUNIVERSE for an exciting week of LEGO, programming and science! With a teammate, dive into the world of engineering using LEGO Education's Wedo 2.0 Sets and Software. At the end of the week teams will build and program Beyblades for a fun tournament! Everyday campers will take home at least one of their science experiments! There will be a variety of fun indoor and outdoor activities! We will have game consoles, air hockey, foosball, arts and crafts, board games, and MORE! Participants will also get their own LITTLUNIVERSE camp t-shirt!

M-F 9am-4pm Jul 29-Aug 2 \$390/5 134545

NEW

Theme Park Edition!

6 - 9 yrs

Tickets please! Join our LITTLUNIVERSE for an exciting week of LEGO, CODING and SCIENCE! With a teammate, dive into the world of engineering using LEGO's Spike Essential sets and software. Learn the basics of coding and choose from a library of awesome builds! On Friday teams will build and program one HUGE Theme Park by combining all our sets! Take home a science experience everyday! There's something for everyone with plenty of indoor and outdoor activities. We also have game consoles, air hockey, foosball, arts/crafts, board games, and MORE! Participants will get their own LITTLUNIVERSE camp t-shirt!

M-F 9am-4pm Aug 12-Aug 16 \$390/5 134555



ENGINEERING FOR KIDS

Greenglade Community Centre

Instructor: Engineering For Kids Vancouver Island

Note to Parents: Students will be using laptops provided by EFK for the week. Experience with a keyboard and computer mouse is highly recommended. Minecraft sessions will be held on a secure, local server, without access to external ones.

NEW Minecraft - Amusement Park

8 - 12 yrs

Come one, come all to the wonderful world of fun and amusement! Students will work in teams to design and build their very own Minecraft amusement park from the ground up. Instructors will lead daily tutorials on how to turn Minecraft resources into fun rides and games. Teams will then work together to incorporate these ideas into their own amusement parks. From minecart rollercoasters to food courts and fun houses, what will be your park's main attraction?

M-F 9am-4pm Jul 8-Jul 12 \$350/5 134300

Minecraft - Medieval Redstone

8 - 12 yrs

Defend your castle against the mobs! With the power of Redstone, students will work in teams to design and build a castle to protect themselves from the dangerous mobs of Minecraft. Each day consists of Redstone tutorials and team challenges in our custom Minecraft worlds. Learn how to make secret doors, Redstone traps, and even a TNT cannon, all while building teamwork and resource management skills! Half the day will also be spent doing hands-on building projects and outside fun and games!

M-F 9am-4pm Jul 15-Jul 19 \$350/5 134303

Jr. Minecraft - Medieval Times

6 - 8 yrs

Explore medieval times in the wonderful world of Minecraft! Students will work in teams to build castles, create farms, raise livestock, and create their very own medieval community. Half the day will also be spent doing hands-on medieval-themed engineering projects and playing fun outdoor games!

M-F 9am-4pm Jul 22-Jul 26 \$350/5 134304

Jr. Travel the World

6 - 8 yrs

Pack your bags and prepare for an engineering adventure! Our youngest engineers will explore the engineering of travel and transportation. Each day, we'll build things like cars, boats, and even rockets! Part of the day will also be spent playing fun, outside games. Can you conquer the land, air, and sea?

Tu-F 9am-4pm Aug 6-Aug 9 \$280/4 134305

NEW Jr. Pirate Academy

6 - 8 yrs

Ahoy matey! You're invited to join our crew as we sail the seven seas in search of buried treasure. We'll start by building a pirate ship to load up with cargo, then set off to fish for buried treasure, and unlock the secrets of the deep! Arrr ye ready to sail the high seas with us?

M-F 9am-4pm Aug 12-Aug 16 \$350/5 134308

The Art of Engineering

8 - 12 yrs

Can't decide between an art camp and an engineering camp? In the Art of Engineering, you'll explore engineering disciplines like electrical, aerospace, chemistry, and more through creative art projects. We'll build scribble bots, mix our own invisible ink, explore 3D design with our 3Doodler pens, and much more!

M-F 9am-4pm Aug 19-Aug 23 \$350/5 134311

BYTE CAMP

Central Saanich Cultural Centre Room A

Instructor: Byte Camp Education Society

3D Animation

11 - 14 yrs

Dreaming of a career with PIXAR? Ever wonder how those awesome 3D animated movies like Shrek, Toy Story and Frozen are made? Spend the week learning how by modeling, animating and telling your own stories in 3D. You'll use Blender, a wonderful (& free!) 3D software, to design characters that jump off the screen and then make them come alive by adding voices, soundtracks and completing your own animated short film. Final projects are usually group projects with each student contributing a character and a scene.

M-F 9am-4pm Jul 22-Jul 26 \$395/5 134296

2D Video Game Design

11 - 14 yrs

Learn how to build a 2D game from the ground up using Godot, an awesome free software that uses a coding language similar to python. This is a coding camp, so be prepared to challenge yourself and learn some new skills. Time will be spent learning how to create advanced 2D vector artwork and animated character sprites to make your game look great. Some coding experience or Byte Camp's - Intro to Coding is a recommended as a prerequisite.

M-F 9am-4pm Jul 29-Aug 2 \$395/5 134294

Build an App

11 - 14 yrs

Learn how to design, code, test and deploy your very own app! Use the gyroscope, tapping, and dragging or anything else you can think of to build your app from scratch. This is a coding camp, so be prepared to challenge yourself and learn some new skills. Each day a new project is introduced and students are taken through the steps of understanding and working with the new code ideas. Students will get to work on their own project ideas on the final two days. No previous experience is required however Byte Camp's 2D Video Game Design is recommended.

M-F 9am-4pm Aug 12-Aug 16 \$395/5 134292

Introduction to Code

9 - 12 yrs

Discover how much fun it is to build your own game! Students will be introduced to basic coding skills with easy to use drag-and-drop software, and get to use those skills to make their very own games. Students will also learn how to create their own 2D vector artwork to make characters and levels that are entirely their own. The final project is a game that you can access and play or proudly share with friends online.

M-F 9am-4pm Aug 19-Aug 23 \$395/5 134293



NEW **ENGINEERING AN ECO CITY**

9 - 10 yrs

Explore what it means to become a green architect and build your own environmentally friendly city! Students will learn about blueprints, how buildings can be made environmentally friendly, and how to construct their own solar powered city. Topics include energy, sustainability, civil engineering, design thinking and more. No experience necessary.

McTavish Academy of Art - Art Studio

M-F 9am-4pm Aug 19-Aug 23 \$495/5 134332

NEW **ENVIRONMENTAL FILM MAKER**

9 - 10 yrs

This camp will teach the fundamentals of becoming your own eco-documentary filmmaker. Students will explore the basics of filmmaking and photography, focusing on our local rainforests, understanding ocean protection and waste reduction all while exploring the beauty of BC's west coast. Students will engage in recording their own work, while understanding the fundamentals of editing, and how to engage their audience from behind the lens. Participants will learn the basics of how photography and video cameras work. No experience necessary. Note: A laptop with at least 6 GB and quad core processor is required for this camp. Rentals are available for \$30 for the week.

McTavish Academy of Art - Art Studio

M-F 9am-4pm Aug 26-Aug 30 \$495/5 134334

LEGO ANIMATION

9 - 14 yrs

Fill your week with action, adventure and a lot of comedy with Film Camp in A Box Junior Lego animation camp. Mentored by master filmmakers, campers engage in hands-on exploration of the stop motion animation process, including pre production, production and post production. Working in small crews, they learn about stop motion animation, set design, script writing and editing. Campers will create their own stop motion animation and edit a short film and movie trailer. Movies will be presented at our red carpet, popcorn film festival and archived on our digital theatre.

North Saanich Middle School Food/Textiles Room

Instructor: Gail Valentine Consulting & Marketing/DbA Film Camp In A Box

M-F 9am-4pm Jul 22-Jul 26 \$350/5 134289

NEW **HOLLYWOOD MOVIE MAKING**

9 - 14 yrs

Fill your week with action, adventure and a lot of comedy with Film Camp in A Box movie making camp. Mentored by master filmmakers, campers will engage in hands-on exploration of the filmmaking process, including pre production, production and post production. Working in small crews, they will learn about cinematography, script writing and editing. Campers will then create, act in and edit a short film and movie trailer. Participants will have the opportunity to use our latest technology, including Macbooks, 4K cameras, tripods, boom microphones, green screens and the use of an aerial drone. Movies will be presented at our red carpet, popcorn film festival and archived on our digital theater.

North Saanich Middle School Food/Textiles Room

Instructor: Gail Valentine Consulting & Marketing/DbA Film Camp In A Box

M-F 9am-4pm Aug 19-Aug 23 \$350/5 134287

VR HATCH & CODING

10 - 12 yrs

Let's go on a trip to the VR game world! In this camp you will learn how to develop things for Virtual Reality while learning about the physics and movements of the 3D world. Discover the technology behind 3D builds and design multiple 3D worlds and characters using the HatchXR platform. Finished games will be published on browser and mobile and can be experienced in Virtual reality mode using our Zen Google cardboard VR headsets, that students can assemble. Past maker experience is helpful but no previous experience necessary. Note: A laptop with at least 6 GB and quad core processor is required for this camp. If you don't have one, you can rent one from us for the week for \$30.

McTavish Academy of Art - Art Studio

M-F 9am-4pm Jul 8-Jul 12 \$495/5 134318

SPORTS

NEW

ISLAND RHYTHMIC GYMNASTICS CAMP

6 - 12 yrs

Our recreational camp develops apparatus skills with the rope, hoop, ball, ribbon, and scarves. Along with apparatus skills, we develop physical literacy, body skills and awareness through balance, turn, jump and dance techniques as well as challenge the participants with special awareness in relation to their peers. The skills learned in these classes will be incorporated with expression and musical awareness into a routine.

Greenglade Community Centre Gymnasium

Tu-F	9am-12pm	Jul 2-Jul 5	4/\$180	136082
M-F	9am-12pm	Jul 8-Jul 12	5/\$225	136084
M-F	9am-12pm	Jul 22-Jul 26	5/\$225	136085

SOCCERTRON CAMP

6 - 12 yrs

There is no better start to the season than a full week at Soccertron to prepare players for those important pre-season practices and try-outs. With hours of instruction, we pack almost a whole season's practice schedule into one week. Emphasis is on improving individual skills and developing techniques such as creating space, communicating, defending and attacking as a team. Improvement through fun and exciting skills and drills and a fun mix of water activities throughout the day.

Kelset Elementary School

Instructor: Elisco Enterprises Inc. Dba Soccertron

6 - 10 yrs

Tu-F	9am-12pm	Jul 2-Jul 5	\$130/4	134209
M-F	9am-12pm	Jul 29-Aug 2	\$163/5	134211

8 - 12 yrs

Tu-F	9am-4pm	Jul 2-Jul 5	\$230/4	134210
M-F	9am-4pm	Jul 29-Aug 2	\$288/5	134212

PASQUALE BASKETBALL

6 - 12 yrs

Eli Pasquale has been bringing basketball to our community since 1984. Learn Eli's Guard Series and Miracle Circuit. Improve on 1 on 1 skills and develop offensive and defensive skills for 2 on 2 and 3 on 3 and 5 on 5 team play. Full day camps play a variety of other camp games and afternoon water activities.

Kelset Elementary School

Mornings - 6 - 10 yrs

M-F	9am-12pm	Jul 8-Jul 12	\$163/5	134216
M-F	9am-12pm	Aug 19-Aug 23	\$163/5	134214

Full Day - 8 - 12 yrs

M-F	9am-4pm	Jul 8-Jul 12	\$288/5	134215
M-F	9am-4pm	Aug 19-Aug 23	\$288/5	134213

MULTI-SPORT CAMP

7 - 12 yrs

An action-packed week of sports and activities which may include, but is not limited to, tennis, basketball, track and field, skating and swimming. Campers will follow a new activity schedule each week to allow those who attend multiple weeks, the opportunity to participate in different activities and sports. Each week, campers will partake in excursions.

Jumpstart Multi Sport Court

Tu-F	9am-4pm	Jul 2-Jul 5	\$188/4	133276
M-F	9am-4pm	Jul 8-Jul 12	\$235/5	133277
M-F	9am-4pm	Jul 15-Jul 19	\$235/5	133278
M-F	9am-4pm	Jul 22-Jul 26	\$235/5	133279
M-F	9am-4pm	Jul 29-Aug 2	\$235/5	133280
Tu-F	9am-4pm	Aug 6-Aug 9	\$188/4	133281
M-F	9am-4pm	Aug 12-Aug 16	\$235/5	133283

TENNIS CAMP

8 - 12 yrs

Participants will be introduced to the fundamentals of tennis following the progressive tennis model that uses modified courts and balls, scaled to maximize learning - and fun! No previous tennis experience required - though registrants should be comfortable with the fundamental movement skills of running, throwing and catching. Each day will include tennis-focused drills and activities, match play, and a sprinkle of general camp games and activities complementary to tennis.

Panorama Recreation Centre Indoor Tennis Court 1

M-F	8:30am-12pm	Jul 8-Jul 12	\$144/5	134707
M-F	8:30am-12pm	Jul 15-Jul 19	\$144/5	134708
M-F	8:30am-12pm	Aug 12-Aug 16	\$144/5	134709
M-F	8:30am-12pm	Aug 19-Aug 23	\$144/5	134710

Centennial Park - Tennis Courts

M-F	8:30am-12pm	Jul 22-Jul 26	\$144/5	134711
M-F	8:30am-12pm	Jul 29-Aug 2	\$144/5	134712

NEW

HELIX ULTIMATE CAMP

9 - 13 yrs

Come have FUN playing Ultimate Frisbee with Helix Ultimate! Through small-sided games and activities, our program focuses on skill development with an emphasis on teamwork and fair-play. Campers will have the chance to work on throwing, catching, and movement skills in this fun-first environment. All campers will receive a disc (Frisbee) as part of the program.

North Saanich Middle School Gym & Field

M-F	9am-12pm	Jul 15-19	5/\$175	134612
M-F	9am-4pm	Jul 15-19	5/\$275	134608

ARCHERY CAMP

9 - 14 yrs

Come learn the fundamentals that have propelled archery to one of the fastest growing sports/lifestyle activities in the world. Pacific Archery Academy provides a safe and friendly environment where you can learn innovative techniques and shooting skills. These camps welcome all levels and equipment is provided!

Instructor: Pacific Archery Academy

North Saanich Middle School Gymnasium

Half Day

Tu-F	9am-11:30am	Jul 2-Jul 5	\$140/4	134261
M-F	9am-11:30am	Aug 19-Aug 23	\$175/5	134269
Tu-F	12pm-2:30pm	Jul 2-Jul 5	\$140/4	134262
M-F	12pm-2:30pm	Aug 19-Aug 23	\$175/5	134270

Full Day

M-F	9am-4pm	Jul 8-Jul 12	\$375/5	134257
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Half Day

Bayside Middle School

M-F	9am-11:30am	Jul 22-Jul 26	\$175/5	134258
M-F	12pm-2:30pm	Jul 22-Jul 26	\$175/5	134259

Full Day

M-F	9am-4pm	Aug 12-Aug 16	\$375/5	134290
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SPABA BASKETBALL SKILLS CAMP

10 - 13 yrs

This program puts a high emphasis on basketball skills development for those young athletes looking to take their game to the next level. This camp is a good precursor to SPABA Night League as well as for those athletes already involved in Night League. Sessions will be high energy and aimed at skills development and basic team strategy with a focus on having fun while learning. Participants will all receive a T-shirt and basketball to keep.

North Saanich Middle School Gymnasium

M-F 9am-12pm Jul 22-Jul 26 \$130/5 134207

POWER UNLIMITED

Come out and take your game to the next level. Balance, acceleration, agility, speed, explosive starts, edge control and game stride are all part of the challenging and rewarding program. Power Unlimited offers high quality instruction with a dedication to the improvement of each student. Full hockey gear is required.

Panorama Recreation Centre Arena A

Instructor: Dennise Bowles

Rep Prep Camp - U13-U15, 12 - 14 yrs

M-F 1pm-4pm Aug 5-Aug 9 \$350/5 132663

Rep Prep Camp - U11-U13, 10 - 12 yrs

M-F 2:30pm-5:30pm Aug 12-Aug 16 \$320/5 133284

U8-U9 Camp

7 - 8 yrs

M-F 8:30am-10am Aug 19-Aug 23 \$160/5 133806

U9-U11 Camp

8 - 10 yrs

M-F 1:15pm-4:15pm Aug 19-Aug 23 \$260/5 133807

GENERAL INTEREST

KIDS IN THE KITCHEN

North Saanich Middle School Food/Textiles Room

Fantastic Fun

6 - 7 yrs

Welcome to some fantastic kitchen fun as we work together to learn how to cook and make some delicious and simple recipes. All abilities are welcome as the group will be following along with the leader we will learn kitchen safety, learning to follow recipes, and creating some tasty treats! All ingredients & supplies will be provided. Be sure to bring a container to take home any leftovers.

M-F 9am-12pm Jul 15-Jul 19 \$170/5 134581

Breakfast Bonanza

6 - 7 yrs

Wake up with some delicious breakfast. All abilities are welcome as we start of our morning with amazing creations, each day we will learn basic kitchen skills, following along to the leader as we make a new breakfast treat to get our days off on the right foot! All ingredients & supplies will be provided. Be sure to bring a container to take home any leftovers.

Tu-F 9am-12pm Aug 6-Aug 9 \$136/4 134590

Cookie Craze

8 - 11 yrs

Unleash your inner cookie monster in week long baking bonanza. All abilities are welcome as each day of the week, we will dive into a new cookie creation, learning different techniques and cookie styles, delivering delicious delectable treats at the end of each session. All ingredients & supplies will be provided. Be sure to bring a container to take home any leftovers.

M-F 9am-12pm Jul 8-Jul 12 \$170/5 134197

Grains, Grains, Grains!

8 - 11 yrs

Get into the kitchen and get to work with a kitchen staple. All abilities welcome as we boil those pots and build out delicious and hearty recipes with rice and pasta with a variety of different skills, techniques, and flavours and add to the base of the humble grain. All ingredients & supplies will be provided. Be sure to bring a container to take home any leftovers.

M-F 1pm-4pm Jul 15-Jul 19 \$170/5 134582

Just Desserts

8 - 11 yrs

Time to get on your aprons and have a sweet time. All abilities are welcome as we enjoy a week of just desserts. Each day we will make a delicious dessert. Then take those skills and new recipes home to treat all your friends and family. All ingredients & supplies will be provided. Be sure to bring a container to take home any leftovers.

M-F 9am-12pm Jul 29-Aug 2 \$170/5 134583

Brunch-a-Munch

8 - 11 yrs

Rise and shine, or sleep in, just a little, as we prepare for everyone's favourite combination meal, brunch! All abilities are welcome as we cook and bake through some delicious recipes to enjoy with all the decadence you expect from an amazing brunch. All ingredients & supplies will be provided. Be sure to bring a container to take home any leftovers.

Tu-F 1pm-4pm Aug 6-Aug 9 \$136/4 134591

NEW

TEENS IN THE KITCHEN

12 - 16 yrs

North Saanich Middle School Food/Textiles Room

Puffs, Pastries, and Pies

Puffs, pastries, and pies, oh my! All abilities are welcome as we adventure into the land of delicate sweets. Learn the valuable techniques to make fresh and flaky doughs and pairing them with fresh flavours to create beautiful desserts. All ingredients & supplies will be provided. Be sure to bring a container to take home any leftovers!

M-F 1pm-4pm Jul 8-Jul 12 \$170/5 134198

Is it Cake? Yes!

Calling all cake bosses. All abilities welcome as we venture in the wonderful and creative world of cakes! We will create many different types and flavours, and test our skills in icing and building decorated cake masterpieces. All ingredients & supplies will be provided. Be sure to bring a container to take home any leftovers!

M-F 1pm-4pm Jul 29-Aug 2 \$170/5 134347

DUNGEONS, DRAGONS - BLACK MAGIC AND BEYOND

12 - 16 yrs

Welcome to the mythical world of fantasy and role playing for an exciting week of adventure! We will delve into a Dungeons and Dragons Campaign, creating our characters, costumes, and magical tools along the journey. We will venture into the forest for some live action role playing and partake in an exciting quest. Harness all of your magical powers for a week of imagination and excitement with new friends!

Greenglade Community Centre Room 8

M-F 9am-4pm Jul 15-Jul 19 \$215/5 134180

M-F 9am-4pm Aug 19-Aug 23 \$215/5 134181



EARLY YEARS

MUSIC & DANCE

PJ'S PRESCHOOL PIANO

3 - 5 yrs

A creative class for parent and child. Children will learn to find notes and play a song by the end of the course. They will also be taught to read music, rhythm and compose their own songs. (a keyboard may be rented from PJ Music Studios 250-213-9343)

Central Saanich Cultural Centre Room A

Instructor: Pj Music

Group Piano

Su	12:30pm-1pm	Jul 21-Aug 25	\$153/6	134573
Su	1pm-1:30pm	Jul 21-Aug 25	\$153/6	134574

Semi-Private

Su	2pm-2:30pm	Jul 21-Aug 25	\$177/6	134575
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SPORTS

SWIM LESSONS

Our swim lessons are organized by age and swimming ability as per the Lifesaving Society's "Swim for Life" program. Private, public and home school lessons available. See p. 11

GENERAL INTEREST

BIRTHDAY PARTIES

Make a splash for your next birthday bash! Check out our aquatic parties. See p. 10

SCHOOL AGE

MUSIC & DANCE

PJ'S MUSIC FOR KIDS

6 - 10 yrs

Central Saanich Cultural Centre Room A

Instructor: Pj Music

Group Piano

A creative fun approach to learning about music and the keyboard while developing good technique, rhythm and basic note reading and composing skills. Each class is tailored to the needs of different age groups. (a keyboard may be rented from PJ Music Studios 250-213-9343)

Su	12pm-12:30pm	Jul 21-Aug 25	\$153/6	134571
Su	1:30pm-2pm	Jul 21-Aug 25	\$153/6	134595

Semi-Private Piano

Su	11:30am-12pm	Jul 21-Aug 25	\$177/6	134568
Su	2:30pm-3pm	Jul 21-Aug 25	\$177/6	134570

Ukulele

A creative class for parent and child. Children will learn to find notes and chords, and play a song by the end of the course. They will also be taught to read music, rhythm and compose their own songs. (a ukulele may be rented from PJ Music Studios 250-213-9343)

Su	3pm-3:45pm	Jul 21-Aug 25	\$207/6	134597
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Guitar

Get to know your guitar, from the headstock to the body, and understand how it makes beautiful sounds! Learn how to tune your guitar like a pro to ensure your melodies sound amazing. Discover the secrets of reading music and play your favorite songs from sheet music and tabs. Find out the perfect way to hold your guitar comfortably and play without straining. Start strumming and plucking your way to playing easy melodies that will amaze your family and friends. Master basic strumming patterns that will have you grooving to the beat in no time! Guitars can be rented from PJ Music Studios 250-213-9343.

Su	3:45pm-4:30pm	Jul 21-Aug 25	\$207/6	134599
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GENERAL INTEREST

BIRTHDAY PARTIES

Make a splash for your next birthday bash! Check out our aquatic parties. See p. 10

SPORTS

SWIM LESSONS

Our swim lessons are organized by age and swimming ability as per the Lifesaving Society's "Swim for Life" program. Private, public and home school lessons available.

See p. 11

GREEN LEVEL PROGRESSIVE TENNIS

10 - 12 yrs

Players learn to serve, rally, score and play at net in singles and doubles on a regulation-sized court with a low-compression transition ball. Lessons take players through a progression of skill building activities that speed learning. No previous tennis experience required - though registrants should be comfortable with the fundamental movement skills of running, throwing and catching.

Panorama Recreation Centre Indoor Tennis Court 1

Th	4:45pm-6:15pm	Jul 4-Jul 25	\$72/4	134767
Th	4:45pm-6:15pm	Aug 1-Aug 29	\$90/5	134768

PRIVATE TENNIS LESSONS

6 yrs+

Get one-on-one support learning or advancing your tennis techniques and tactics with private lessons! Interested in making these semi-private? Up to 4 participants of similar skill level welcome. No extra cost to share the set with one other participant. A small group fee will be applied if 3-4 participants are expected.

Panorama Recreation Centre Indoor Tennis Court 1

Beginner/Novice

These lesson sets are suitable for players of beginner/novice skill (1-2.5 as per Tennis Canada's Self-Rating Guide).

Th	3:45pm-4:45pm	Jul 4-Jul 25	\$192/4	134774
Th	3:45pm-4:45pm	Aug 1-Aug 29	\$240/5	134775
Tu	4:30pm-5:30pm	Jul 9-Jul 30	\$192/4	134770
Tu	4:30pm-5:30pm	Aug 6-Aug 27	\$192/4	134771
Tu	7pm-8pm	Jul 9-Jul 30	\$192/4	134772
Tu	7pm-8pm	Aug 6-Aug 27	\$192/4	134773



YOUTH & TEEN

GENERAL INTEREST

BIRTHDAY PARTIES

Make a splash for your next birthday bash! Check out our aquatic parties. See p. 10

FITNESS

FITNESS PROGRAMS

Many of our adult fitness programs have a minimum age of 12 yrs. See p. 35

REGIONAL YOUTH WEIGHT ROOM ORIENTATION

13 yrs+

This orientation will provide 13-15 year old's with an introduction on how to safely use a recreation centre weight room. Content will include: Weight room guidelines and etiquette; cardio and weight training guidelines; orientation and instruction on how to use basic cardio and strength training equipment. Upon completion of this orientation, participants will receive a sticker which permits access to weight rooms at the following facilities: Panorama, Esquimalt, City of Victoria, Saanich, West Shore and Oak Bay Recreation Centre's.

Panorama Recreation Centre Weight Room

Sa	9am-11am	Jul 13	\$15	134936
Sa	9am-11am	Aug 10	\$15	134937
Su	9am-11am	Jul 21	\$15	134704
Su	9am-11am	Aug 1	\$15	134705

SPORTS

SWIM LESSONS

Our swim lessons are organized by age and swimming ability as per the Lifesaving Society's "Swim for Life" program. Private, public and home school lessons available. See p. 11

PRIVATE TENNIS LESSONS

6 yrs+

Get one-on-one support learning or advancing your tennis techniques and tactics with private lessons! Semi-private options also available. See p 29 for details.

LEADERSHIP & TRAINING

BABYSITTING TRAINING

11 - 15 yrs

Designed by the Canada Safety Council, this course covers rights and responsibilities, child development, behavior management, nutrition, safety, handling emergencies or sick children, games and basic first aid. Participants will work from a child care manual. Course graduates who successfully complete the course will be presented with a wall certificate and wallet card.

Greenglade Community Centre Room 6

Th	9:30am-4pm	Jul 4	\$80	134714
Th	9:30am-4pm	Aug 1	\$80	134715

BRONZE MEDALLION

13 yrs+

Bronze Medallion, the Lifesaving Society's flagship certification, teaches an understanding of the lifesaving principles embodied in the four components of water rescue education: judgment, knowledge, skill, and fitness. Candidates acquire the assessment and problem-solving skills needed to make good decisions in, on and around the water. Bronze Medallion is a prerequisite for Assistant Lifeguard training in Bronze Cross. 100% attendance is mandatory.

Panorama Recreation Centre Lookout Room

Tu-Th	8:30am-4pm	Jul 9-Jul 11	\$135/3	135144
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BRONZE CROSS

13 yrs+

Bronze Cross is designed for lifesavers who want the challenge of more advanced training, including an introduction to safety supervision. The Lifesaving Society's Bronze Cross begins the transition from lifesaving to lifeguarding and prepares candidates for responsibilities as Assistant Lifeguards. Candidates strengthen and expand their lifesaving skills and begin to apply the principles and techniques of active surveillance in aquatic facilities. Bronze Cross emphasizes the importance of teamwork and communication in preventing and responding to aquatic emergencies. Bronze Cross is a prerequisite for advanced training in the Society's National Lifeguard and Leadership certification programs. Prerequisite: Bronze Medallion. 100% attendance is mandatory.

Panorama Recreation Centre Lookout Room

Tu-Th 8:30am-4pm Jul 16-Jul 18 \$135/3 135146

NATIONAL LIFEGUARD (NL)

15 yrs+, Bronze Cross, SFA

The NL program develops a sound understanding of lifeguarding principles, good judgment, communication skills, and a mature responsible attitude toward the role. Candidates will develop physical fitness, theoretical and practical knowledge. Fee includes whistle and pocket masks. Prerequisites: 15 years of age, Bronze Cross, and Standard First Aid. 100% attendance is mandatory.

Panorama Recreation Centre Lookout Room

M-Su 8:30am-5pm Aug 12-Aug 18 \$360/6 135154

LIFESAVING SWIM INSTRUCTOR

15 yrs+

Swim and Lifesaving Instructors are trained using a competency-based model that walks them through teaching and evaluation philosophy and the techniques/approaches required to teach water rescue, first aid and related aquatic skills. Instructors also learn about long-term and short-term planning, class management, safety supervision, and the principles of evaluation. Prerequisites: 15+ years by the end of the course, Bronze Cross. To learn more, visit us online.

Panorama Recreation Centre Lookout Room

M-Su 10am-6:30pm Jul 28 \$360/6 135153

INTRODUCTION TO PERSONAL BOUNDARIES AND SELF DEFENSE

Instructor: Sixth Sense Self Defence

Workshop for Pre-Teens

10 - 13 yrs

This exhilarating, interactive workshop includes an outline of personal boundaries and how to defend them, with emphasis on strangers and acquaintances. You will practice de-escalation and street-smart self-defence techniques through scenario based exercises, focusing on key target areas from standing or on the ground. In this workshop you will discover your personal power and the tools you have to defend yourself. Our goal is to leave you confident, aware and feeling empowered with basic skills to defend yourself in multiple situations. This workshop addresses bullying, assault, sexual assault and harassment, sextortion and social media awareness using age appropriate education.

Panorama Recreation Centre Fitness Studio

Sa 10am-12pm Aug 10 \$65 134661

Series for Pre-Teens

10 - 13 yrs

This informative, interactive series is for those who identify as female. It is akin to our school programs, which include an outline of personal boundaries and how to defend them, with emphasis on strangers and acquaintances. Students will practice de-escalation and street-smart self-defence through scenario based exercises, focusing on key target areas from standing or on the ground. In this series students will discover their personal power and the tools they have to defend themselves. Our goal is to leave your child feeling confident, aware and empowered with basic skills to defend themselves in multiple situations. These classes address bullying, assault, sexual assault and harassment, sextortion and social media awareness using age appropriate education.

North Saanich Middle School Multipurpose Room

Tu-Th 10am-11:30am Aug 20-Aug 22 \$130/3 134658

Workshop for Female Teens

14 - 17 yrs

This exhilarating, interactive series includes an outline of personal boundaries and how to defend them, with emphasis on strangers and acquaintances. You will practice de-escalation and street-smart self-defence techniques through scenario based exercises, focusing on key target areas from standing or on the ground. In this workshop you will discover your personal power and the tools you have to defend yourself. Our goal is to leave you confident, aware and feeling empowered with basic skills to defend yourself in multiple situations. This workshop addresses assault, sexual assault, harassment, bullying, and online safety.

Panorama Recreation Centre Fitness Studio

Sa 1pm-3pm Aug 10 \$65 134662

Series for Female Teens

14 - 17 yrs

This informative, interactive series is akin to our school programs, which include an outline of personal boundaries and how to defend them, with emphasis on strangers and acquaintances. Students will practice de-escalation and street-smart self-defence through scenario based exercises, focusing on key target areas from standing or on the ground. In this series students will discover their personal power and the tools they have to defend themselves. Our goal is to leave your child feeling confident, aware and empowered with basic skills to defend themselves in multiple situations. These classes address bullying, assault, sexual assault and harassment, sextortion and social media awareness using age appropriate education.

North Saanich Middle School Multipurpose Room

Tu-Th 1pm-2:30pm Aug 20-Aug 22 \$130/3 134660

ADULT

MUSIC

PJ MUSIC

16 yrs+

Instructor: Pj Music

Central Saanich Cultural Centre Room A

Semi-Private Piano

Have you always wanted to learn piano but never had a chance or want to revisit your pianistic skills again. We have the class for you. (A keyboard may be rented from PJ Music Studios 250-213-9343). Material fee is included.

Su 11am-11:30am Jul 21-Aug 25 \$177/6 134677

Beginner Guitar

Have you always wanted to learn guitar but never had the chance? You may even have a guitar sitting at home for that one day you'll pick it up. Today's the day! Join us over the next few weeks, where we'll take you from absolute beginner to playing chords and melodies from your favorite songs! No previous experience necessary. Guitars can be rented from PJ Music Studios 250-213-9343.

Su 5:15pm-6pm Jul 21-Aug 25 \$207/6 134679

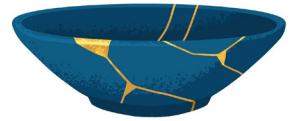
Beginner Ukulele

Are you charmed by the warm, uplifting sound of the Ukulele? Master the art of reading sheet music and tabs, opening the door to playing a wide range of songs and genres. Start playing your favorite songs, from classic rock to soothing acoustic ballads, and impress your friends and family with your musical talent. Learn to play beautiful melodies on your guitar, adding an extra layer of musicality to your repertoire. Material fee is included.

To rent a ukulele please call PJ Music at 250-213-9343. Cost is \$70 (refundable deposit) and \$30 rental fee for the duration of classes.

Su 4:30pm-5:15pm Jul 21-Aug 25 \$207/6 134678

POTTERY STUDIO



@ GREENGLADE COMMUNITY CENTRE

15 yrs+

The Pottery Studio at Greenglade Community Centre is a fully-functioning studio that includes everything needed to see projects from start to finish - including wheels, work tables, a slab roller, handbuilding tools, glazes and a kiln! Services include clay purchase, project and supply storage, glazing, firing, classes and workshops. Learn more about our studio by visiting us online!

MEMBERSHIPS & FEES

Available to current members of the pottery studio.
Clay \$39+gst /bag

	15-18 yrs	19 yrs+
Drop-in	\$9	\$9
10 Punch Pass	\$78.90	\$81
25 Punch Pass	\$180.40	\$191.25

RESERVABLE DROP-IN HOURS

Pottery members only. Reserve your spot online up to 1 week in advance, unsupervised. Our pottery studio is at capacity, please join our waitlist online if you are an experienced potter.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8:30-11:30AM 11:30AM-2:30PM	BLOCK BOOKINGS	8:30-11:30AM 11:30AM-2:30PM	BLOCK BOOKINGS	8:30-11:30AM 11:30AM-2:30PM	9AM-12PM	9AM-12PM
2:30-5:30PM 5:30-8:30PM		2:30-5:30PM 5:30-8PM		2:30-5:30PM**	12-3PM*	12-3PM

*See online for dates, due to pottery classes there are some weeks these drop-ins will not be available.

**Pottery studio members may bring a child with them into the studio for drop-in on Friday afternoons. Pottery members must pay drop-in or use their punch pass and drop-in for a child is \$5.

RECURRING BOOKINGS RESERVED DROP-IN

16 yrs+

Register to reserve your spot in the pottery studio. Each session is 3 hrs in length with a maximum of 6 participants. All participants must be current members of the pottery studio.

M 2:30pm-5:30pm	Jul 8-Aug 26	\$63/7 134619	Th 8:30am-11:30am	Jul 4-Aug 29	\$63/7 134607
			Th 11:30am-2:30pm	Jul 4-Aug 29	\$63/7 134610
Tu 8:30am-11:30am	Jul 2-Aug 27	\$63/7 134603	Th 2:30pm-5:30pm	Jul 4-Aug 29	\$81/9 134611
Tu 11:30am-2:30pm	Jul 2-Aug 27	\$63/7 134604	Th 5:30pm-8:30pm	Jul 4-Aug 29	\$81/9 134613
Tu 2:30pm-5:30pm	Jul 2-Aug 27	\$81/9 134605			
Tu 5:30pm-8:30pm	Jul 2-Aug 27	\$81/9 134606	F 2:30pm-5:30pm	Jul 5-Aug 30	\$81/9 134618
W 2:30pm-5:30pm	Jul 3-Aug 28	\$81/9 134617	Sa 9am-12pm	Jul 6-Aug 31	\$81/9 134614
			Su 9am-12pm	Jul 7-Sep 01	\$81/9 134616



LANGUAGE

ALLIANCE FRANÇAISE

16 yrs+

Greenglade Community Centre Room 1

Instructor: Alliance Française De Victoria

French Total Beginner A1.4

This class is a continuation of our beginners class for those who have had some contact with French. In this class, students will focus on communication around the topics of shopping in French. You will learn how to describe a product, ask for what you wish to purchase, and navigate a sale transaction in French. Material included: Odyssee A1 cahier and méthode (Unit 6)

Tu 4pm-5:30pm Jul 2-Aug 13 \$240/7 134598

French Elementary A2.5

In this class, students will continue learning and practicing skills in French around the topics of family life. In this course, you will be immersed in francophone family games, shows, discuss your own family traditions, and more! Material included: Odyssee A2 (\$80) cahier and méthode (Unit 8)

Tu 6pm-8pm Jul 2-Aug 13 \$290/7 134596

LEADERSHIP & TRAINING

AQUATIC LEADERSHIP

See p. 30

SPORTS

WOMEN'S HOCKEY DEVELOPMENT

16 yrs+

Each session will focus on skill development, stick handling, passing, and shooting. All skill levels welcome. Full gear required.

Panorama Recreation Centre Arena A

Instructor: Scott Grover

Player

Su 7pm-8:20pm Aug 11-Sep 01 \$60/4 134027

Goalie

Su 7pm-8:20pm Aug 11-Sep 01 Free/4 134028



TENNIS LESSONS

15 yrs+

Panorama Recreation Centre Indoor Tennis Court 1

Beginner Group

Participants will be introduced to the fundamental skills, techniques and tactics of tennis. For brand new or beginner players who are just starting to play or have been introduced to the game but, have difficulty playing due to lack of consistency rallying and serving (1-1.5 skill rating as per Tennis Canada's Self-Rating Guide).

Tu	5:30pm-7pm	Jul 9-Jul 30	\$96/4	134763
Tu	5:30pm-7pm	Aug 6-Aug 27	\$96/4	134764

Novice Group

Participants will review and further develop the fundamentals of groundstrokes, serves and volleys. Time will also be spent developing a full motion serve, and covering basic doubles and singles strategies. For novice players of a self-assessed 2-2.5 skill rating (as per Tennis Canada's Self-Rating Guide).

Th	6:30pm-8pm	Jul 4-Jul 25	\$96/4	134765
Th	6:30pm-8pm	Aug 1-Aug 29	\$120/5	134766

Private - Beginner/Novice

6 yrs+

Get one-on-one support learning or advancing your tennis techniques and tactics with private lessons! Interested in making these semi-private? Up to 4 participants of similar skill level welcome. No extra cost to share the set with one other participant. A small group fee will be applied if 3-4 participants are expected.

Th	3:45pm-4:45pm	Jul 4-Jul 25	\$192/4	134774
Th	3:45pm-4:45pm	Aug 1-Aug 29	\$240/5	134775

Tu	4:30pm-5:30pm	Jul 9-Jul 30	\$192/4	134770
Tu	4:30pm-5:30pm	Aug 6-Aug 27	\$192/4	134771

Tu	7pm-8pm	Jul 9-Jul 30	\$192/4	134772
Tu	7pm-8pm	Aug 6-Aug 27	\$192/4	134773

FITNESS

ZUMBA

16 - 75 yrs

The Zumba® program fuses hypnotic Latin rhythms and easy-to-follow moves to create a one-of-a-kind fitness program that will blow you away. The goal is simple: We want you to want to work out, to love working out, to get hooked. Zumba® fanatics achieve long-term benefits while experiencing an absolute blast in one exciting hour of calorie-burning, body-energizing, awe-inspiring movements meant to engage and captivate for life!

Panorama Recreation Centre Fitness Studio

Instructor: Sandra Perez De Lamplugh

Tu	6:30pm-7:30pm	Jul 2-Aug 27	\$108/9	134920
W	10:45am-11:45am	Jul 3-Aug 28	\$108/9	134921
F	10:45am-11:45am	Jul 5-Aug 30	\$108/9	134923

Zumba Toning

The Zumba® program fuses hypnotic Latin rhythms and easy-to-follow moves to create a one-of-a-kind fitness program that will blow you away. The goal is simple: We want you to want to work out, to love working out, to get hooked. Zumba® fanatics achieve long-term benefits while experiencing an absolute blast in one exciting hour of calorie-burning, body-energizing, awe-inspiring movements meant to engage and captivate for life!

Instructor: Sandra Perez De Lamplugh

Panorama Recreation Centre Fitness Studio

M	10:45am-11:45am	Jul 8-Aug 26	\$84/7	134919
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MOM AND BABE STRENGTH AND CORE

16 yrs+

This class is offered to new parents looking to build strength and develop essential core musculature all while keeping your little one close. We recommend your baby is pre mobile, but the class is appropriate for kids up to 18 months. Mothers, fathers, or other caregivers are welcome.

Panorama Recreation Centre Fitness Studio

Instructor: Jan Del Mistro

M	1:30pm-2:15pm	Jul 8-Jul 29	\$36/4	134681
M	1:30pm-2:15pm	Aug 12-Aug 26	\$27/3	134682

MIND AND BODY

PILATES FOUNDATIONS

14 yrs+

This class is slower paced and suitable for beginners and those with minimal Pilates experience. We will focus on engaging and strengthening the core muscles to improve fitness and prevent injuries. This class will work on your awareness of posture and movement to gain flow and grace in everyday movements.

Greenglade Community Centre Room 4

Instructor: Phyllis Musseau

Tu	4pm-5pm	Jul 9-Jul 23	\$45/3	134844
Tu	4pm-5pm	Aug 6-Aug 27	\$60/4	135491

PILATES

14 yrs+

If you are looking for a great workout focusing on core strength you will enjoy this rigorous and fun session. The class will be faster paced and is suitable for those who have some Pilates experience.

Greenglade Community Centre Room 5

Instructor: Phyllis Musseau

Tu	5:15pm-6:15pm	Jul 9-Jul 23	\$45/3	134847
Tu	5:15pm-6:15pm	Aug 6-Aug 27	\$60/4	135492

GENTLE YOGA FUSION

14 yrs+

This class draws on multiple body movement practices such as Hatha, Yin, Gentle Somatic (releasing contracted soft tissue), Tensegrity (balancing tension and compression), Restorative and Nidra (deep relaxation), with the intention to gently open the energetic and physical body, build ROM, flexibility and strength, while calming the central nervous system, all in service to inspiring a relaxed and soothing yogic experience.

Greenglade Community Centre Room 4

Instructor: Linda Shore

Tu	6:45pm-8pm	Jul 16-Aug 13	\$65/5	134675
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FLOW TO SLOW YOGA

14 yrs+

Summer is all about going with the flow and finding the ease and joy in our yoga practice. This 3-week series will combine the best of both of flow and yin yoga. Classes will start with a fun, flowing sequence to help you build balance and strength and end with longer held postures to help you find deeper release and relaxation. This class is suitable for anyone looking to improve their health and wellness through mindful movement as many variations and modifications will be offered. Weather permitting we will practice outside on the field at Greenglade but will move inside if necessary.

Greenglade Community Centre Room 4

Instructor: Kirsten Dibblee

M	5:45pm-7pm	Jul 15-Jul 29	\$45/3	134634
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TAI CHI CONTINUING

18 yrs+

This course is designed for those who have completed the Beginners Tai Chi and are transitioning from Beginners to the full health benefits of on-going continuing Tai Chi practice. The classes are enriching and will add to your Tai Chi abilities and experience by building on the foundations learned as a Beginner. Non-contact & not competitive form of Tai Chi practice.

North Saanich Middle School Multipurpose Room

Instructor: Wendy Riggs

Sa	9:30am-11am	Jul 6-Aug 24	\$60/8	126654
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REHABILITATION

CHAIR AND BALANCE

50 yrs+

This program offers group exercise designed for people with arthritis, osteoporosis, joint replacement, and other chronic conditions who want to get moving and feel better. You'll love the supportive group atmosphere of this program. Must be able to get in and out of a chair without assistance. 30 percent of exercises in class will be standing.

Panorama Recreation Centre Fitness Studio

Instructor: Lynn Hood

Tu,Th	10:15am-11:15am	Jul 2-Aug 1	\$90/10	134637
Tu,Th	10:15am-11:15am	Aug 6-Aug 29	\$72/8	134638

BETTER BALANCE

50 yrs+

This class combines low impact cardio, strength training, standing core and balance work. Participants will use a combination of small free weights, bands, body bars and gliders in various ways to challenge their balance and coordination. Please note when registering, 90% of the class consists of standing exercises.

Panorama Recreation Centre Fitness Studio

Instructors: Barry Davis and Rachel Schmidt

Tu,Th	11:30am-12:30pm	Jul 2-Aug 1	\$90/10	134639
Tu,Th	11:30am-12:30pm	Aug 6-Aug 29	\$72/8	134640

OSTEOFIT

15 yrs+

Exercise is a proven effective treatment option for people with osteopenia and osteoporosis. Reduce your risk of falls and fractures with this fall prevention program. Improve your balance, posture, mobility and reduce pain by strengthening and stretching specific muscle groups. Weight bearing and strengthening exercise can increase bone health at any age.

Greenglade Community Centre Room 4

Instructor: Cathy Roberts

M,W	10:30am-11:30am	Jul 3-Jul 31	\$81/9	134690
W	9:15am-10:15am	Jul 3-Jul 31	\$45/5	134686
W	9:15am-10:15am	Aug 7-Aug 28	\$36/4	134689

FINANCIAL ASSISTANCE

A regional initiative supported by the Greater Victoria Active Communities committee, the LIFE Program is intended to reduce financial barriers to recreation. For more information visit us online at panoramarecreation.ca



PERSONAL TRAINING & ORIENTATION

We offer private and semi-private personal training sessions to customize your workout to reach your specific goals! Visit us online for our Personal Training client application package and trainer bios.

	Private	Semi-Private
3 sessions	\$142/person	\$94/person
6 sessions	\$261/person	\$179/person
12 sessions	\$483/person	\$314/person



REGISTRATION & PROGRAM INFORMATION

COMMITMENT TO SATISFACTION

Panorama Recreation is committed to satisfying you with our programs, activities, and facilities. If you are not completely satisfied with our service delivery, please let us know by contacting our staff, completing a comment card, or emailing info@panoramarec.bc.ca

We will do the following:

1. Attempt to rectify your concerns.
2. Transfer your registration to another program or session.
3. If the above steps do not meet your satisfaction, we will review the circumstances and consider issuing a partial/full refund subject to administrative fees.

PROGRAM FEEDBACK

Following course completion, you may be asked to complete a program feedback form in person or online. Your feedback informs our programming decisions and helps us provide quality programs.

HOLIDAYS/LONG WEEKENDS

Most programs are not scheduled to run on statutory holidays. Please check your program registration receipt to confirm.

WAITLISTS

Waitlists are monitored on a continuous basis and efforts are made to accommodate wherever possible. When a space becomes available it will be filled in order from the time the waitlist was joined. A waitlist offer must be accepted within 2 days (48 hours) before being offered to the next client. Staff reserve the right to reduce the acceptance time for activities beginning in 3 days (72 hours) or less. Waitlist policies for Preschool and Out of School Care are outlined in the program's parent handbook.

OOPS!

Despite the best efforts of staff, errors to published information may occur and schedules may change at short notice. In the event of an error or schedule change, the information provided by our customer service representatives will be deemed accurate. We apologize for any inconvenience.

INFANT AND TODDLER POOL PROGRAMS

Panorama Recreation sells infant and toddler swim diapers in an endeavor to prevent contamination of pool bodies. It is highly recommended that all infants and toddlers under the age of 3 wear a swim diaper or "pool pants".

CANCELLATION OF PROGRAMS & ACTIVITIES

Programs may be combined or cancelled due to insufficient registration. Please register early to avoid disappointment. Full credit/refund is issued when Panorama Recreation cancels an activity or when a schedule conflict arises due to course changes. In the event of an unforeseen cancellation, a pro-rated credit will be issued.

Fees will not be reimbursed for absences, including those due to seasonal illness or inclement weather, providing the facility and service remains available to the public. Pro-rated credits may be issued for medical reasons or relocation at the discretion of the program coordinator, with documentation provided. Sufficient notice is required to receive a credit or refund. For full program registration, cancellation, & payment policies, visit panoramarecreation.ca

Activity	Required Notice of Cancellation
Reserved drop-in (pickleball, fitness, kindergym, toys & tumblers, single-use court bookings, etc.), Personal Training, CUSTOM Private Lessons (Tennis, Swim, Skate)	1 day (24 hours)
Courses, including standard private lessons	3 days (72 hours)
Camps & Pro-D Days	7 days
Birthday Parties	14 days

1 2 3 WAYS TO REGISTER



Why Register Online?



Convenient

The flexibility to register and pay at your convenience, anytime, from anywhere.



Easy

Three simple steps, and you'll be enrolled in the program of your choice.



Saves Time

In less than five minutes, you can setup your account and enroll for your program



Environment

You don't have to burn gas to drive over and register in person, and it saves paper.

1 ONLINE

panoramarecreation.ca

This 24 hour secure site allows you to register for programs immediately. Login or create an account online. Forgot your password? You can retrieve it online too!



2 IN PERSON

Visit our reception staff at either Panorama Recreation Centre or Greenglade Community Centre.

3 PHONE

250.656.7271

When phoning, please have the following information ready:

- Course name & code.
- Registrant's name, age, address, phone # & e-mail. Parent's name required to register child.
- VISA, MC or AE number, expiry date and cardholder name.

ACTIVITY	REGISTRATION DATE
General Programs	Tuesday, April 16 @ 6:30am
Swim Lessons	Tuesday, June 18 @ 6:30am (Visible online Tuesday, June 11)

SEE PREVIOUS PAGE FOR MORE PROGRAM & REGISTRATION INFORMATION.

FREEDOM OF INFORMATION AND PROTECTION OF PRIVACY

Personal information is collected under the authority of the Local Government Act and is subject to the Freedom of Information and Protection of Privacy Act. The personal information will be used for purposes associated with the program. Enquiries about the collection or use of information in this form can be directed to the Freedom of Information and Protection of Privacy contact: Manager, Information Services at 250-360-3000.

ACTIVITY SCHEDULES - GO ONLINE



OUR FACILITIES

We operate two main facilities, Panorama Recreation Centre and Greenglade Community Centre, and utilize additional spaces throughout the community to accommodate a variety of seasonal programming.

PANORAMA RECREATION CENTRE

AQUATICS

Drop-in to an aquatic fitness class, lap, leisure, water walk, or everyone welcome! View schedules online.

FITNESS

Offering a variety of fitness classes including Bootcamp, Yoga, TRX, Spin, Movin' On Up, and more. Reservations available with drop-in access if space permits. Reserve online.

WEIGHT ROOM

The weight room has a selection of strength training, cardiovascular equipment and a variety of stability balls, BOSU, medicine balls, balance boards, tubing, TRXs and more. View schedules online. Open to those 15 yrs+ or 13 yrs+ with the completion of the regional youth weight room orientation program.

ARENA

Drop-in to one of our Everyone Welcome, Shiny, or Parent & Child Hockey sessions. View schedules online. Skate rentals are available.

COURT BOOKINGS

Indoor and outdoor tennis, squash, racquetball, wallyball and ping pong courts are available. See p. 6 for details.

JUMPSTART MULTI SPORT COURT

The court is designed for a variety of sports and allows accessible programming for all ages. View the court schedules online for free public drop-in times.



GREENGLADE COMMUNITY CENTRE

FITNESS

Offering a variety of fitness classes including Yoga, Movin' On Up, and more. Reservations available with drop-in access if space permits. Reserve online. 12 yrs+

WEIGHT ROOM

The weight room has a selection of strength training, stability and cardiovascular equipment. View schedules online. Open to those 15 yrs+ or 13 yrs+ with the completion of the regional youth weight room orientation program.

POTTERY

Block book the same day and time each week or reserve your spot online up to 1 week in advance. Must have 16 hrs+ pottery experience and an orientation or completed a pottery class through Panorama. Reservations required and can be done online.



For our current schedules, visit us online at panoramarecreation.ca