



WINTER

2024



CONTACT US

klambert@crd.bc.ca

250 360 3376

About anything in the Newsletter

Welcome to the Winter 2024 CRHC newsletter. Work out one of the anagrams below and you will be entered in a draw to win one of 3 \$25 gift cards. We will draw winners in time for the Spring Newsletter. Submit your answer at klambert@crd.bc.ca or 250 360 3376. The answer to the riddle in the last Newsletter was 'home'.

Holiday themed anagrams:

- 1. i stem tole
- 2. led ride
- 3. mich star
- 4. coordinates
- 5. drawn olden



CHRISTMAS AND GARBAGE

This time of year brings a unique issue to your garbage and recycling areas. Fewer staff, lots of garbage, and inclement weather often mean garbage and recycling areas fill up. And we can't clear them as easily in winter.

To help your hard-working Building Maintenance Attendants; break down your boxes. If the area looks full and your pick up hasn't happened, keep 'clean' items like paper and cardboard in your home until the next time. Be patient if there is snow because we cannot work if the area is covered. Don't pile over the tops of the bins.

THIS NEWSLETTER

Christmas issues with garbage and recycling

Tenants' insurance

Vehicle insurance

Isolation and loneliness

All the best for the season from the staff here at CRHC!



TENANTS' INSURANCE

Please check your tenants' insurance is up to date.

We recently had a serious incident at one of our buildings and, because the sprinklers deployed, 19 homes were affected. When this happens CRHC do not relocate people to other units if they are required to leave for repairs. Your tenants' insurance is the easiest way to make sure you can pay for a few nights somewhere else. Make sure you understand the excess, and please try to save for the additional expenses. More to follow in the next Newsletter!



VEHICLE INSURANCE

On the subject of insurance, you also need to be fully insured if you have a vehicle parking space through CRHC. Storage insurance is not sufficient and your vehicle must be insured, functional and safely operated at all times.

This is a material term of your tenancy agreement and you need to make sure to have full vehicle insurance at all times.



HAPPY HOLIDAYS FROM THE STAFF

We wish you all a peaceful and warm season.



ISOLATION AND SUPPORTS

Isolation is particularly difficult at this time of year. Loneliness has health implications similar to smoking 15 cigarettes a day. We know that during covid and the heat dome, isolation compounded for seniors.

What can we do? If you are isolated, reach out. Activities like volunteering, courses at your local rec centre, using seniors serving organizations like Silver Threads, a social routine (like always going to the same park, cafe or social program at the same time), exercise can all help. These activities are shown to protect against the health risks of isolation.

If you know there are isolated people in your building, connect with Tenant Engagement at CRHC if you'd like to help. Tenants often organize coffee mornings or hobby groups and CRHC can help with funding for these. Most importantly, if there is an emergency, check in with your neighbours. They may need you.



Have a great Winter!

