



	2020 Pop'n Estimate	2021 Pop'n Estimate	2022 Pop'n Estimate	2023 Pop'n Estimate	2024 Pop'n Estimate	2025 Pop'n Estimate	% Growth 21-23
Central Saanich	18,014	17,989	18,220	18,369			2.1%
Colwood	19,330	19,798	20,951	21,403			8.1%
Esquimalt	18,515	18,298	18,725	19,017			3.9%
Highlands	2,527	2,581	2,802	2,894			12.1%
Langford	46,333	49,199	52,757	55,069			11.9%
Metchosin	5,203	5,252	5,328	5,295			0.8%
North Saanich	12,248	12,623	13,094	13,228			4.8%
Oak Bay	18,465	18,533	18,810	18,888			1.9%
Saanich	122,584	122,889	124,033	125,380			2.0%
Sidney	12,531	12,614	13,053	13,151			4.3%
Sooke	15,236	15,712	16,481	16,795			6.9%
Victoria	96,399	96,277	98,404	100,505			4.4%
View Royal	11,885	12,062	12,482	12,584			4.3%
Unincorporated Areas	28,828	29,502	30,258	30,847			4.6%
Juan De Fuca E.A.	5,626	5,716	5,890	6,019			5.3%
Salt Spring Is. E.A.	11,764	11,974	12,217	12,440			3.9%
Southern Gulf Is. E.A.	5,892	6,246	6,425	6,538			4.7%
First Nation Reserves	5,546	5,566	5,726	5,850			5.1%
<b>CAPITAL REGION</b>	<b>428,098</b>	<b>433,329</b>	<b>445,398</b>	<b>453,425</b>			<b>4.6%</b>

Source: Statistics Canada, Table 17-10-0142-01 and 17-10-0139-01

Note: Population estimates are as of July 1st. All estimates based on the 2021 Census adjusted for net undercoverage. Since all components of population change aren't available when the estimates are produced, 2023 estimates are preliminary, 2022 are updated and 2020/21 are final estimates. This release cycle balances the need for timeliness and accuracy of the estimates.

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